When you think of the Alvin Ailey American Dance Theater, you probably imagine professional dancers with moves you wouldn’t think of trying out yourself.

But there’s actually something for everyone at the Ailey dance theater. Whether you want to learn some new moves or burn some calories, Quenia Ribeiro with the Ailey Extension will get you moving.

On Saturday, Ribeiro stopped by the CBS2 studio to offer a preview of a special workshop that celebrates Brazil.

Click on the video player above for the full preview.

For more information on the Ailey Extension and Celebrate Brazil, click here.

Watch Video Here:
http://newyork.cbslocal.com/2016/02/06/ailey-extension-celebrate-brazil/