As we continue celebrating Asian American and Pacific Islander Heritage Month, this week we’re highlighting the contributions and achievements made by organizations and individuals in their communities.

For the last 40 years, New York’s Museum of Chinese in America, or MOCA, the nation’s largest Chinese-American museum, has focused on preserving and making Chinese American history accessible to the general public.

At the age of 82, ballet legend Finis Jhung says his “greatest joy is helping students find their “inner dancer.” He began dancing when he was six years old, and now as a renowned and beloved dance instructor in New York City, Finis Jhung has taught everyone from prima ballerinas and Broadway stars to adult beginners. On his YouTube channel, Finis is helping the 50+ community stay active by using their minds and bodies through exercise. CLICK HERE to watch a video.

Last week was National Nurses Week (May 6-12) and its significance has never meant more than now. We want to thank our nurses for their strength, bravery and service taking care of our community.

And this week, many organizations around the state will celebrate Armed Forces Week (May 11-17) which typically leads up to Armed Forces Day on May 16. New York State is home to 912,499 veterans.