



Good Morning America Facebook Live at Ailey Extension February 16, 2017




 **Good Morning America** was live — at  Ailey Extension. 
4 hrs · New York · 

WATCH LIVE: #ToneIn20: We're toning up mind, body & soul with Kukuwa Fitness – a fun, high-energy workout blending together rhythms and movements from several regions in Africa with Wellness with Coach Cass!



69K Views

 Like  Comment  Share

   You and 1K others

Top Comments ▾

260 shares

163 Comments

Watch here: <https://www.facebook.com/GoodMorningAmerica/videos/10154361716382061/>