## **AILEY** EXTENSION

Ailey's "Ticket to Dance" Welcomes Audiences Into the Studios for Fun & Fitness in Conjunction with Alvin Ailey American Dance Theater's Lincoln Center Season June 8-19

FREE Class at the Ailey Extension with a Performance Ticket!



Alvin Ailey American Dance Theater in Ronald K. Brown's *Open Door*. Photo by Paul Kolnik. (CTRL + CLICK ON PHOTOS FOR HI-RES DOWNLOAD) Please Credit Photos.

(New York) May 26, 2016 —The world renowned <u>Alvin Ailey American Dance Theater returns to Lincoln Center from June 8 – 19</u>, and New Yorkers have a unique opportunity to join in the dance. <u>The Ailey Extension</u> announces the return of "Ticket to Dance," which allows audience members to try their first class FREE with a performance ticket (returning students receive a free class with the purchase of a 10-class card).

The Ailey Extension honors Mr. Ailey's belief that "dance came from the people and should always be delivered back to the people," by offering over 80 classes a week in 25 different dance and fitness techniques for students of all levels and backgrounds. Many of these techniques will be center stage during the Company's Lincoln Center season: Afro-Cuban movement comes to life in Ronald K. Brown's Open Door; hip-hop is featured in Rennie Harris' Exodus; and Horton is the foundation of many Ailey classics, including his must-see masterpiece, Revelations.

Ailey's extraordinary dancers will inspire throughout this season of diverse repertory. World premieres include Italian choreographer Mauro Bigonzetti's <u>Deep</u>, set to the soulful music of twin indie sensations Ibeyi, and MacArthur "Genius" Kyle Abraham's <u>Untitled America: Second Movement</u>, the second installment of a three-part suite about the impact of incarceration on African-American families. The dancers will also perform in new productions of <u>Vespers</u>, Ulysses Dove's breathtaking ballet for six women, and <u>The Hunt</u>, Robert Battle's thrilling work for six men. These works are part of over a dozen works featured on five different programs: the newest Company repertory in 21st Century Voices, a trio of works by Dance Trailblazers, All Ailey classics by the Company's founder, works that arose from Musical Inspirations, and a quartet of dances that share Bold Visions.

These breathtaking performances will motivate audiences to head straight from the theater to the Ailey Studios at the Joan Weill Center for Dance – New York's largest center for dance, and home to the incomparable Ailey dancers. Weekly classes start at the Absolute Beginner level, and include <a href="Zumba">Zumba</a>, <a href="Masala Bhangra">Masala Bhangra</a>, <a href="Power Hour Yoga">Power Hour Yoga</a>, <a href="Kukuwa African Dance Workout">Kukuwa African Dance Workout</a>, <a href="Ailey Extension">Ailey Barre</a>, <a href="West African">West African</a> dance with live drumming, and more. This summer, the Ailey Extension also welcomes <a href="GingaFlex">GingaFlex</a>, a brand new cardio technique founded by <a href="Capoeira">Capoeira</a> instructor Tiba Vieira. Based on the Brazilian dance/martial art form, GingaFlex is a challenging and mindful full-body workout that increases core strength, flexibility, and balance (date and time TBD).



West African at the Ailey Extension.
Photo by Kyle Froman.

American Dance Theater's Lincoln Center season. For the complete class schedule, visit <u>aileyextension.com</u>.

Visit pressroom.alvinailey.org for additional press materials including photos, video, and class descriptions.

For more information on group visits or to schedule your trip, visit the group visits page <a href="here">here</a>.

## **Electronic Press Kit**

Since its inception in 2005, The Ailey Extension has fulfilled Mr. Ailey's life-long commitment of bringing dance to everyone by offering "real classes for real people." The Ailey Extension offers of over 80 classes per week in more than 25 different dance and fitness techniques such as <a href="Horton, Ballet">Horton, Ballet</a>, <a href="Masala Bhangra">Mest African</a>, <a href="Samba, Jazz">Samba</a>, <a href="Jazz">Jazz</a>, <a href="Zumba, House">Zumba</a>, <a href="Horton, House">House</a> and <a href="Hip Hop">Hip Hop</a>. All levels are welcome, including beginners! Over 125,000 people have taken classes at Ailey's home, New York's largest building dedicated to dance, where dancers of all levels and walks of life can learn and be inspired –mind, body, and spirit!