# UPTOWN <br> LUXURY, LIFESTVLE \& LIVING 

May 2011


## BE ON POINTE

The Alvin Ailey American Dance Theater (alvinailey:org) does more than just put on a good show; it offers many classes that are open to the public. Channel your inner ballerina, go modern, or simply shimmy on the side with classes ranging from hip-hop to Afro-Cuban to Haitian folkloric dance. To make dance a family affair, check out the programs for adults and kids at the Dance Theatre of Harlem. (dancetheatreofharlem.org/adultprogram)
The Alley Extension's Afro-Cuban dance class

## SEW, YOU MAKE FASHION?

You have closets filled with designer labels-the only one missing is yours. Project Runway made Parsons The New School for Design (newschool.edu/ parsons) famous for its fashion design teachings, while the Fashion Institute of Technology (fitnyc.edu/2857.asp) is a cut-and-sew industry classic featuring coursework in fabric styling, textiles, and fashion and jewelry design. If fashion week isn't your goal, a hobbyist can get the basics at The Sewing Studio (lovesewing com), which offers an eight-week intro to sewing as well as challenging options for intermediate and advanced levels.


